



CARE ABOVE ALL

Pinnacle Wellbeing's Personal
Support Programme (PSP)



Care for you. Care for all who need us.

At Pinnacle, we want everyone to feel good - about themselves and the world around them. And we're here every step of the way to help do just that.

Our new **Personal Support Programme (PSP)** delivers a new level in health and wellbeing support with a particular focus on mental health.

With our PSP, you have access to a trusted team offering comprehensive, connected, specialist support. With friendly expertise. With helpful advice. That makes a real difference. 24 hours a day, 365 days a year.

Because with the best support, everyone can reach their potential.



FOR FURTHER INFORMATION, PLEASE CONTACT:

Jan Tinsley

Email: jan@powwow.im

Phone: 07624 432227

Introducing our **Personal Support Programme (PSP)**

OUR PERSONAL SUPPORT PROGRAMME (PSP) IS FOR:

- Anyone who needs a private GP consultation by phone or video
- Employees going through stressful periods
- Carers who need extra support
- Parents struggling to balance work and childcare
- Employees recovering from illnesses and sickness
- Graduates adjusting to working life after university
- Anyone going through break-ups, family bereavements and periods of anxiety

Whatever struggles and challenges are faced, the Personal Support Programme (PSP) delivered by Pinnacle provides peace of mind and real solutions to very real issues.



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360-degree care



COMPLETE CARE

A new, client centred service that gives you access to a 360-degree health and wellness support service



CONNECTED EXPERTISE

A service that works seamlessly with your business and existing support services



RELIABLE REASSURANCE

You can be reassured that your wellbeing is being handled by a holistic healthcare business established for over 15 years



POSITIVE DIFFERENCE

We make a positive impact in the workplace, making a positive difference to all involved. We enable people to be at the best of their ability. In turn, this creates a more positive and productive environment for all



INDIVIDUAL SOLUTIONS

Each member's case is handled on an individual and ongoing basis

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Peace of Mind For All

Members are individuals and their needs are unique.

Pinnacle's Personal Support Programme (PSP) is a tailored service built around specific needs – in particular their mental health & wellbeing.

24/7 Services included in Pinnacle's Personal Support Programme (PSP):

- **Counselling & Advice Line** offering Health & Wellbeing advice & support
- **Face to Face Counselling Service** (up to a maximum of 6 sessions)
- **Personal Legal, Finance and Debt** information & support from highly trained professionals via telephone and online
- **GP Consultation Services** available online and via telephone with 30-minute appointment slots arranged within a two hour window
- **Additional Consulting Services** including workplace mediation, mental and physical health training and health and safety training
- **Online Resources** including Cognitive Behavioural Therapy (CBT) workbooks
- **Carer Support Advice Helpline** - delivered by fully qualified experts in adult social care

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For Employers

Pinnacle's Personal Support Programme (PSP) benefits employers in a multitude of ways by seamlessly integrating with your business, unifying expert support services through one access point. This 360-degree health and wellbeing service will offer your employees market-leading support:

- Dedicated Freephone 24/7 advice line for your employees
- The right support at the right time for everyone
- Helps to reduce absenteeism and increase presenteeism
- Reduces stress and anxiety across your workforce
- Saves you time - our dedicated case managers will own each case where appropriate
- Wider breadth of services and advice available - with direct access to experts
- Ideal solution for your company's health & wellbeing goals and commitments
- Services can be accessed via self-referral, by line managers or occupational health teams

For Employees

Employees can self-refer themselves into the service by simply using the number we will provide. Alternatively, line managers or occupational health teams can provide information about the Personal Support Programme (PSP), highlighting the relevant support. In addition to the services available by phone and face to face, employees can confidentially log on to our portal and gain access to a range of online services including self-help and Cognitive Behaviour Therapy (CBT) workbooks.



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Let's talk

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You can purchase this for yourself by [clicking here](#).

Or if you would like to discuss this for your team or company, please contact us today.



Pow Wow are working closely with Pinnacle Wellbeing to make YOU and your teams better by creating your very own wellbeing solution, designed just for you and your business, for the long term.

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